



LOS PADRES TRAIL RIDERS JANUARY 2019



JANUARY 2019

PRESIDENT'S MESSAGE

Greetings! Almost a full month into my term as the new President of LPTR, and I'm happy to report we've had two successful meetings, our January board meeting and general meeting at the Humane Society, which was quite a success despite the rain. So, here we are, full swing into winter, but warmer days are already upon us here in sunny Santa Barbara, the rains are blessing us with yummy green grass to graze on and beautiful hills to ride on. If you're anything like me, you'd love to see the end of mud season and dread the beginning of shedding season, but will enjoy the next few months for the beauty they are! I look forward to getting to know all of you out on the trails, and seeing more of you at our next meeting in March!

—Amy Moore



Our Mission

- ◆ To advance recreational trails and trail use, and to encourage horseback riding, trail riding, and other horse-related activities in Santa Barbara County.
- ◆ To foster good horsemanship and fellowship.
- ◆ To promote mutual helpfulness between horse owners and property owners near trails and riding areas.
- ◆ To initiate, sponsor, promote, and implement plans, policies, and activities that further the use, acquisition, preservation, development, and maintenance of riding and hiking trails, especially in the County of Santa Barbara.
- ◆ To provide educational events to the equestrian community.

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JANUARY 17TH GENERAL MEETING:

TRAIL EMERGENCIES AND FIRST AID

BY LOU DARTANNER



2019 got off to a fantastic start at the Humane Society Thursday, January 17. Our first general meeting of the new year featured a delicious potluck, an awesome guest speaker and an increased turnout of club members. Days of rain and wind had cleared up by the afternoon and everyone seemed to be glad to get out and see LPTR friends again.

LPTR's new president, Amy Moore, introduced herself and guest speaker, Dr. Karen Blumenshine, DVM, to the 20 or so members and guests, which included two brave husbands.

Dr. Blumenshine spoke about some common emergency situations we might encounter on the trail and suggestions on how to handle them. In virtually all cases she advised to immediately call your veterinarian, if possible, for advice. The first emergency she discussed was "tying up", followed by colic, multiple bee stings, rattlesnake bites, and concluding with lacerations.

Dr. Blumenshine also recommended having an emergency first aid kit in your trailer and a smaller "Saddlebag ER Kit" containing at least: Banamine injectable (with extra needle) and case OR Banamine paste; vet wrap; roll gauze x 2; and 40 Benadryl tabs at 25mg (keep instructions in box for human dosages as well).

Special thanks go out to Nancy Moore and her team of volunteers who created a lovely decorated table for the potluck dishes with red and white checkered tablecloths. The food was varied, delicious and lots of conversation took place around the tables.



Our sincere thanks to Dr. Blumenshine for a great presentation. She graciously answered numerous questions, explained many techniques we could use and provided helpful hints. She also handed out great brochure "Emergency Care: Guidelines To Follow During Equine Emergencies" and a copy of her Newsletter.



Dr. Karen Blumenshine has been providing veterinary care to the horse community and serving competition horses 38 years. A background of veterinary involvement in domestic and Federation Equestre International (FEI) competitions since the 1984 Olympic Equestrian Games has provided Dr. Blumenshine with a broad background of sports medicine and lameness diagnostics, enabling [Santa Barbara Equine Practice](#) to feature innovative diagnostic techniques.

LPTR MEMBERS AWARDED FOR OUTSTANDING ACHIEVEMENTS

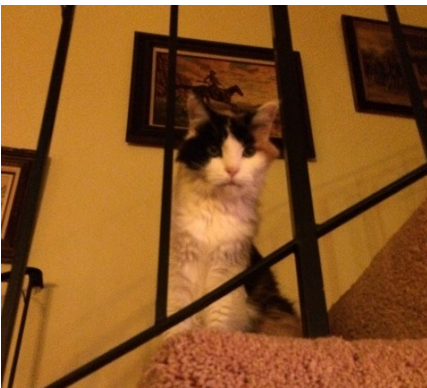
BY ANITA KLINGER

January 13, 2019 I attended the California Dressage Society awards dinner for the Santa Barbara chapter. There were numerous LPTR members in attendance. Among those receiving awards for their 2018 dressage achievements was Karen Jenkins (who had judged an LPTR Playday Trail Obstacle event a few years back.) Congratulations to Karen on her 2018 riding accomplishments. Another major event in the evening's awards went to local rider Kathy O'Connor for both her 2018 riding accomplishments and for recognition of her overall service to the horse community in her disaster response efforts with Equine Evac among other



LPTR HOLIDAY PARTY AND PAM'S PARTY CAT

BY ANITA KLINGER



Thank you Pam Webber for once again providing your home for the LPTR Christmas party. What a good time everyone had. And thank you Barbara Hinman for the time you spent in organizing the food which turned out to be a wonderful pot luck. Toward the end of the evening Pam's cat came along the stairway to observe the party crowd.

Equestrian Classifieds

Free classified advertisements for LPTR members. Ads run for two consecutive months. To place, cancel or renew an ad, email request titled "LPTR Newsletter Classifieds" in the subject line to David Marshel at: sierrastreams@hotmail.com.

Ads received by the 15th of the month will be published in the next newsletter.

Please note that all ads are subject to board approval and may be edited.

LPTR has club t-shirts for sale!




The short sleeved, crew neck t-shirts are made of hearty 100% cotton and are available in unisex sizes of medium, large, extra-large and 2-XL.

T-shirts are \$15 each and come in 2 colors— tan or slate blue. Limited quantities are available so grab yours soon.

To get your t-shirt, contact Amy Moore at: abnergail@gmail.com 805-570-9966

LPTR Events

February 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 <small>Ride</small>
3	4	5	6	7	8	9
10	11	12	13	◀ 14 ▶	15	16 <small>Ride</small>
17	 18	19	20	21	22	23
24	25	26	27	28		

Upcoming Rides

Saturday, February 2, 2019: Live Oak

UPDATE:

February 2, 2019: Live Oak is cancelled.

Live Oak Equestrian Trail is currently closed due to the rain flow in the Santa Ynez River.

Saturday, February 16, 2019: Sage Hill

President's Day Ride.

Be saddled up and ready to ride out at 10:00 am. Patriotic attire suggested. After the ride we will have lunch together at the trailers. Please bring your sack lunch and a chair. This ride is approximately a 2 hour ride, and is rated a 2. A pass is required to have access to the trails.

RSVP to Barbara Hinman (805) 682-9966 (home) and leave a message or call/text (805) 886-5656 (cell).

LPTR Level of Difficulty Ride Rating Scale

Trail ride level of difficulty is based upon trail type, topography, steepness, soil type, and water encounters. A horse and rider's abilities and physical condition should also be considered. All rides are walking only.

RATING #1: Riding side by side, riding single file, flat terrain, sand, ranch/dozer road, puddles.

RATING #2: Riding side by side, riding single file, rolling hills, sand, ranch/dozer road, ankle deep stream.

RATING #3: Riding single file, rolling hills, gradual climbing, deep sand, ranch/dozer road, ankle deep stream, rocks/gravel/shale ridge/canyon.

RATING #4: Riding single file, gradual climbing, mountainous, ankle deep stream, rocks/gravel/shale, narrow ridge/canyon, knee deep river.

RATING #5: Riding single file, mountainous, rocks/gravel/shale, narrow ridge/canyon, knee deep river.

March 2019						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21 general meeting	22	23
24	25	26	27	28	29	30
31						

LPTR General Meeting

March 21, 6:30 p.m.

Santa Barbara Humane Society

5399 Overpass Rd, Santa Barbara, CA 93111

Member Meeting Information

LPTR General Meetings are held at 6:30PM on the **3rd Thursday of every odd-numbered month** at the Santa Barbara Humane Society Educational Center on Overpass Road.

Meet & greet and potluck begins at 6:30PM. General meeting starts at 7:00 PM. Refreshments provided.

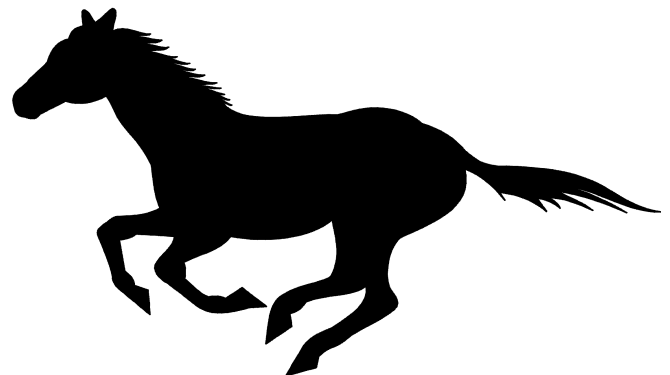
To minimize disruptions during speaker presentations and to ensure the safety and enjoyment of the membership, please do not bring dogs or other animals to the meetings.

Reagan Ranch Query of Interest

We are doing reconnaissance for a trip to the Reagan Ranch this spring. This is as an actual tour of the ranch itself and not a ride.

For the tour, we need to have an idea of how many people are interested in going so we can get a price quote.

Anyone interested can RSVP to Amy Moore at abnegail@gmail.com



Parade News

Upcoming Parades

Saturday, June 8, 2019 at 10:00am

Santa Ynez Day Parade

Wear your LPTR outfits for this parade.

Text Barbara Wolf at 805 455 4113 by May 31, 2019 if you would like to ride in this parade.

Thursday, July 4, 2019

Santa Barbara 4th of July Parade

Decorate your horse for this parade in red white and blue decorations and wear your LPTR outfits again for this parade. Please RSVP by June 26, 2019 to ride in this parade. Barbara Wolf (805) 455-4113.

Parade Uniform Guidelines

- ◆ BOOTS.
- ◆ DARK BLUE JEANS & DARK BLUE DENIM VEST.
- ◆ WHITE LONG-SLEEVE SHIRT WITH CLUB PATCH ON LEFT SLEEVE.
- ◆ RED BANDANA TIED AROUND NECK.
- ◆ NEUTRAL COLORED FELT OR STRAW HAT OR HELMET.
- ◆ RED, BLUE, OR WHITE FELT SADDLE BLANKET.
- ◆ SADDLE, BRIDLE (BRING A SPARE)
- ◆ DECORATIONS BASED ON EACH PARADE THEME.
- ◆ CLEAN TACK AND HORSE.



Volunteers Make it Happen

BY DAVID MARSHEL

As a nonprofit organization our existence is dependent solely on volunteers who pitch in to help out. Without the hard work of our volunteers, LPTR could not have achieved the success of our many endeavors. Volunteers are stewards of their communities and volunteering is a great way to engage with like-minded people, make friends and be a part of something special. LPTR saw some board member changes over the holidays and there are still some positions available. We can also use help for special events. Contact Amy Moore at: abnegail@gmail.com for more information.

Animal Non-Profits & Emergency Services

SANTA BARBARA EQUINE ASSISTANCE AND EVACUATION TEAM:



Help keep Equine Evac going! Members and volunteers greatly needed to keep EVAC going. For information, contact Equine EVAC at 892-4484. In emergency, Call 9-1-1 to activate for personal assistance. Equine Evac is activated through Santa Barbara County Animal Services during a disaster and works closely with Animal Services to evacuate and provide care for evacuated livestock.

SANTA BARBARA EMERGENCY RESPONSE TEAM:

Works through the Santa Barbara County Animal Services during a disaster. See www.sbcphd.org/as.

SANTA BARBARA HUMANE SOCIETY:

Sponsors a Technical Animal Rescue and Emergency Response Team comprised of trained volunteers and professionals that respond to incidents requiring special equipment and techniques to rescue animals in emergency scenarios. Activated during natural disasters via the SB County Animal Services Hotline at (805) 681-4332 to evacuate large animals.



Contact Tim Collins at (805) 964-4777 ext.105. www.sbhumanesociety.org. Emergency Animal Rescue Team Hotline number is (805) 330-3330.

SANTA BARBARA COUNTY ANIMAL SERVICES EMERGENCY HOTLINE:

Santa Barbara County Animal Services is the lead agency for disaster response for Santa Barbara County. They coordinate all aspects of animal evacuations including rescue, sheltering, and shelter in place support. Animal Services is activated by the incident command. The Animal Services hotline is (805) 681-4332. This hotline is only active during an emergency.

HEARTS THERAPEUTIC EQUESTRAIN CENTER: Equine-assisted therapy. Call 964-1519 for information on lessons, volunteering, or to make donations or visit their website at www.heartsriding.org. Volunteers Orientation held monthly (see web site). Open house monthly; see web site for dates. The Tack Shack sells gently used tack and togs.

WILDLIFE CARE NETWORK:

(805) 681-1080. For emergencies involving small animals and birds in distress.

Volunteer News

LPTR

Board of Directors

President

Amy Moore

abnergail@gmail.com

805-570-9966

Vice President

Anita Klinger

anita@lpnr.org

805-967-6667

Secretary

Nancy Moore

Treasurer

Lou Dartanner

boomerlou56@verizon.net

805-967-4859

Directors at Large

Barbara Hinman

(Ride Chair)

tillymule@yahoo.com

805-682-9966

Barbara Wolf

(Parade Chair)

sbremington@gmail.com

805-455-4113

David Marshell

(Newsletter Editor)

sierrastreams@hotmail.com

949-709-7333

Hi, Horse Friends!

I'm hoping you can help us spark a fire in the equestrian community and get people out to help build/work on the trails so many of us enjoy riding. Please share with our trail buddies.

It is remarkable actually how many people know about the Canyon View Connector Trail now under construction at Montana de Oro and how many folks ask when will it be open. But while they ask when it will be open, they're not exactly racing out to help build, even for a couple of hours. Our trails are pretty much dependent on volunteers, but so few in our community are stepping up that, frankly, it's embarrassing and frustrating. Volunteers have averaged four or five people per day, of whom only one or two stays into the early afternoon. Those who are showing are working really hard and making a great contribution, but work is so much easier with more hands. Without the second excavator and two parks operators working very eagerly and conscientiously, it just wouldn't be happening.

I appreciate that we all have obligations in life. (I've not yet made it to the trail either due to family and work obligations, but am signed up Jan. 31, May 1, 2 and 3.) CCCMB, which has coordinated this effort, promotes multi-use trails, does a lot of the trailwork from which we all (horse folk, mountain bikers and hikers alike) benefit, and is asking the trail-using community who claims to want these trails to put on their working gloves and lend a hand. I've done the trailwork days with them at Montana de Oro and Fernandez Trail, and it truly is amazing how much we can get done together when there's a crew of outdoorspeople working on a shared project.

PLEASE sign up, show up and lend a hand. The sign up sheet is [here](https://docs.google.com/forms/d/e/1FAIpQLSeLOR6TWHtKc2MXhuWurQLjXgfr_uhAB5tzwKnItSPEifekAw/viewform?fbzx=4888233165070739086). (https://docs.google.com/forms/d/e/1FAIpQLSeLOR6TWHtKc2MXhuWurQLjXgfr_uhAB5tzwKnItSPEifekAw/viewform?fbzx=4888233165070739086)

Work generally takes place from 8am to 4pm weekdays and 9am to 2pm on weekends. Your work hours can be flexible, leaving early if needed, or arriving later if you choose. Transportation for normal hours is provided, but plan on a 1 mile hike/bike in/out for later starts or early leaving.

The remaining available work hours/dates are as follows:

Friday - January 25th (hours 8am to 4pm -OR- Bike/hike in for later start and/or early finish)

Saturday - January 26th (hours 9am to 2pm -transportation provided -OR- bike/hike in and out)

Sunday - January 27th (hours 9am to 2pm -transportation provided -OR- bike/hike in and out)

Monday - January 28th (hours 8am to 4pm -OR- Bike/hike in for later start and/or early finish)

Tuesday - January 29th (hours 8am to 4pm -OR- Bike/hike in for later start and/or early finish)

Wednesday - January 30th (hours 8am to 4pm -OR- Bike/hike in for later start and/or early finish)

Thursday - January 31st (hours 8am to 4pm -OR- Bike/hike in for later start and/or early finish)

Friday - February 1st (hours 8am to 4pm -OR- Bike/hike in for later start and/or early finish)

Saturday - February 2nd (hours 9am to 2pm -transportation provided -OR- bike/hike in and out)

Sunday - February 3rd (hours 9am to 2pm -transportation provided -OR- bike/hike in and out)

More general information about this trail project is available [here](http://www.cccmb.org/home-old/home-alternate/islay-creek-connector-trail): <http://www.cccmb.org/home-old/home-alternate/islay-creek-connector-trail>

Thanks!

Jennifer Best

Backcountry Horsemen - Los Padres Member

Atascadero Horsemen Member

Central Coast Concerned Mountain Bikers Member

LOS PADRES TRAIL RIDERS ~ MEMBERSHIP APPLICATION

PLEASE BE SURE TO SIGN THE GENERAL RELEASE AT THE BOTTOM.

The purpose of the Los Padres Trail Riders (LPTR) is to promote individual and family trail riding, to preserve and maintain County trails, to hold social events for the local horse community, and to present educational meetings and seminars, and to conduct fundraisers for local equine-related non-profits. You do not have to be a trail rider or even to be a horse owner to be a member of LPTR. This form must be used for new members or those joining after an absence. It may also be used for renewals.

PLEASE PRINT CLEARLY

Name (last) _____ (first) _____ Spouse (family membership) _____

Street Address _____ City _____ ZIP _____

Home Phone _____ Cell Phone _____ Email _____

NOTIFY IN EMERGENCY: Name: _____ Phone: _____

Number and Types/Breeds of Horses/Mules Owned: _____

TYPE OF MEMBERSHIP (circle one): NEW RENEWAL

\$25.00 Adult Membership (Individual 18 & over)

\$35.00 Family Membership (Spouse and/or children)

\$20.00 Junior Membership (17 & under if joining alone)

\$10.00 Individual Day Membership (one day only)

If Family Membership, please list name(s) of children under 17 years of age:

1. _____ 2. _____ 3. _____

How would you like to receive reminders of LPTR and community events:

(circle one): PHONE E-MAIL NO CONTACT



GENERAL RELEASE

I, the undersigned member of Los Padres Trail Riders (the "Club"), acknowledges that horseback riding and related activities, including being a spectator at horse events, involves certain risks of injury to me personally, to my minor child(ren), damage to my personal property, and injury or death to my horse caused by my own negligence or the negligence of others. Knowing these facts, I nevertheless waive, release, and discharge the Club, its Board of Directors collectively and individually, officers, employees, and all individual members of the Club, their representatives, heirs, executors, administrators and assigns from any kind or nature that might occur as a result of or arising from my participation, including as a spectator, as a member of the Club, including but not limited to, participation at a Club meeting, Club horse show, Club trail ride, Club equine demonstration lecture, or any other event sponsored or managed by the Club or a member thereof on behalf of the Club. This General Release is being given in consideration of the Club enrolling me and /or members of my family as a member of the Club. I further agree that I will defend, indemnify and hold harmless the Club, its Board of Directors, both collectively and individually, its officers and employees and all individual members of the Club, their representatives, heirs, executors, administrators and assigns from any and all claims, demands, causes of action or other proceedings brought by, or prosecuted for my benefit, alleging arising out of the negligence of the Club, its Board of Directors, collectively and individually, its officers and employees and all individual members of the Club. I expressly waive any benefits I may have under Section 1542 of the California Civil Code relating to the release of unknown claims. That section provides as follows: CERTAIN CLAIMS NOT AFFECTED BY GENERAL RELEASE – A general release does not extend to claims which the creditor does not know or suspect to exist in his favor at the time of executing the release, which if known by him must have materially affected his settlement with the debtor," are hereby expressly waived.

Executed this _____ day of _____, 20____ at _____, California.

Signature on behalf of themselves and minor child(ren)

Signature of Spouse (if applicable)

Please make checks payable to Los Padres Trail Riders and send to LPTR Membership, PO Box 61845, Santa Barbara, CA 93160.