



# LOS PADRES TRAIL RIDERS NEWSLETTER

FEBRUARY 2015

## BOARD OF DIRECTORS

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## GENERAL MEETINGS

LPTR meets on the third Thursday of every odd-numbered month at the Santa Barbara Humane Society's Education Center on Overpass Road (enter at the rear, around the curve from the main entrance). If you'd like to join us for the potluck at 6:30 p.m., bring something to share, place setting and drink for yourself. The meeting at 7:00 p.m. and guests always welcome.

## TACK & TOG SALE

SATURDAY, FEBRUARY 28<sup>TH</sup>, 2015

See Registration Form/Flyer enclosed.

**DEADLINE IS THURSDAY,  
FEBRUARY 18<sup>TH</sup>  
FOR PRE-REGISTRATION AT \$35  
PER SPACE.**



## **2015 TACK & TOG SALE** **February 28th**

We need your help to make this year's Tack & Tog Sale a success! Here are a few things you can do:

- Go through your tack room and sort out all those items you aren't using anymore and donate them to LPTR to sell. You can drop items off at La Cumbre Feed on Calle Real, or call Barbara at 455-4113.
- If you have items to sell, get your reservations in now for a space at the Sale (February 18<sup>th</sup> is the deadline for early birds at \$35 per space; after that date it is \$40.) Not enough tack to warrant a table? Ask a friend and share one!
- We need items for the Silent Auction. There is a form in this month's Newsletter for you to complete for your item. Email Lou (boomerlou56@verizon.net) so she can plan on placing your item. A donation receipt is also included in the Newsletter.
- We need items for the Raffle. They can be valued at about \$5 or more.
- Post flyers and announcements at your barn or stable or at a local business. One is included in the Newsletter.
- We need items for the bake sale (cakes, cookies, pies, etc.).
- We need helpers to work the many areas of the Sale. This can be a full shift or an hour or two, especially at the beginning of the sale. Positions include helping at the various sale tables, ushering sellers and exhibitors to their spaces, being available to answer questions, relieve members at various tables, etc. If you can help, call Barbara at 455-4113.

The size, layout and prices of the spaces the same as last year. Each space will be \$35 if you pre-register (before February 18<sup>th</sup>) and \$40 after that date and at the door. Admission fee has been changed from \$5 to a donation.

**Please remember, your admittance donation is used for the LPTR grant program to support local equine- and trail-related non-profit organizations, so your generosity will be appreciated.**

The Board approved inviting local equine- and trail-related 501(c)(3) non-profit organizations to set up informational displays at no charge this year. Come meet the folks from Santa Barbara County Trails Council, the Humane Society large animal rescue group, Hearts Therapeutic Riding Center, Los Padres Forest Association, and Montecito Trails Foundation.

## **PRESIDENT'S MESSAGE**

Tell your friends about our LPTR Grants Awards program and that the Tack & Tog Sale is our major fundraiser for equine-related non-profit groups in our Santa Barbara County area.

Be sure that any barns (large or small) in your vicinity have the Tack & Tog information on their bulletin boards. If you know of a place that boards a couple of horses, please take a copy of our Tack & Tog Sale information to them. The more sellers and buyers we have, the more we will be able to donate in our Grants Awards program and the happier everyone will be. Sellers, please remember that this is a good time to clear out your tack trunks to make space for the future. The date of the Sale is Saturday, February 28, 2015. Deadline for early registration (\$35 per space) is February 18<sup>th</sup>, so get your applications in now.

Right now we are concentrating on the Tack & Tog Sale to make it the best event ever. But keep in mind that we will have a Spring Ride on More Mesa coming up. We have not yet set the exact date, but there should be wonderful wildflowers and good weather, and it will be a great time for you and your horses and mules to socialize!

## **MEMBERSHIP RENEWALS**

You should have received a index-card sized renewal form that lists your name, address, phone numbers, email address, and emergency contact information. All you have to do is make sure any information that is incorrect is noted with the change. Then take the form and place it and your check in an envelope provided, put a stamp on it and mail it to us in the envelope provided. If you have lost your form, you can complete the long form (included in the Newsletter and on our website, [www.lptr.org](http://www.lptr.org)).

So far, more than half of you have renewed! Thank you!

We will soon be putting together our 2015-2016 Membership Roster. Be sure you have renewed so you will be in it!

## WINTER WOES FOR HORSES (AND THEIR OWNERS)

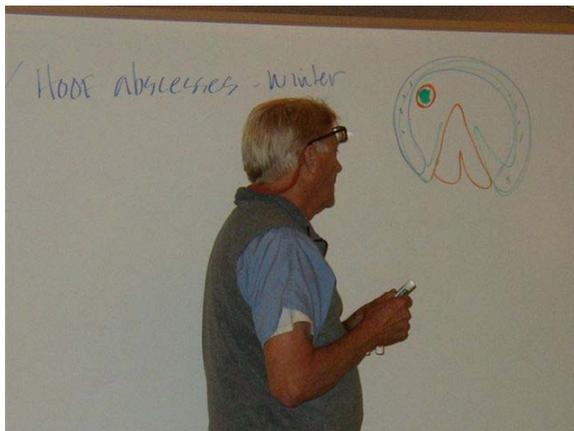
By Lou Dartanner

With more rain on the way, Dr. Bob Saunders' presentation at the January LPTR meeting was timely. Several dozen members and guests were present and enjoyed our potluck dinner and/or desserts before the program.

### Hoof Abscesses

Abscesses occur when bacteria get trapped inside the hoof. This can come from puncture wounds to the sole and from environmental conditions that allow bacteria to migrate through gaps in the white line or cracks in the hoof.

With all of the dry conditions we had this past summer, your horse's hooves will lose moisture and the area where the sole connects to the white line is very vulnerable to any inflammation that might enter. The laminar layer grows and the dryness leaves porous areas and cracks, so when your horse stands in a puddle of water, bacteria get in the foot through these pores. The resulting infection comes up into the foot and ground pressure of the horse's weight and from the swelling from pus push the bacteria higher (under the bar). The inflamed area is walled off with tissue to form the abscess.



The horse can become quite lame and you might notice heat in the hoof wall and perhaps a digital pulse in the pastern area. These abscesses require intervention by a veterinarian, who will usually pare off the

affected area to the abscess to open it and let it drain. Pain is usually relieved almost immediately with the opening.

In the summer, even a small puncture by a rock or a crack in a dry sole can allow septic moisture into the foot. Shoes can protect the hoof to some degree.

### Summer Sores (Cutaneous habranemiasis)

Nearly every horse owner has had an experience with "summer sores," or "fly bite dermatitis," scientifically Cutaneous habranemiasis. The life cycle of the parasite begins with a fly having been ingested by the horse and living on or in the lining of the horse's stomach. When mature, the adults lay eggs that are passed out of the horse in the manure. The eggs may already contain larvae and can hatch and develop. The maggots of horse and stable flies ingest the larvae in the manure and as they mature to adult flies they carry the habranema larva in them.

When the adult fly finds a source of moisture on a horse, such as the eyes, lips, mouth, and prepuce (sheath), it feeds on the moisture. The larvae have now developed into the infective stage and are deposited. If not swallowed, they cause an inflammatory reaction and itching. You may see yellow granules and the area may look small but will get quite large and ugly.

Treatment consists of deworming with ivermectin or moxidectin, surgical removal of tissue, and control of the inflammation. Prevention and control of flies is essential for healing. The life cycle can be broken by cleaning up manure frequently (since larvae hatch quickly from eggs in it), removing it, using fly predator wasps as recommended, etc. Use fly masks, fly repellent, and watch your horse closely to catch a sore quickly.

### Rain Rot (Dermatophilus congolensis)

Sometimes called "paint brush lesions," it is common in damp weather. Horses have thick coats during winter, so after it rains and the temperature warms a bit, this bacteria has ideal conditions to take hold and multiply. It needs an increase in temperature, increase in moisture, increase in carbon

dioxide, and decrease in oxygen to take hold. It irritates the hair follicles and skin and you might notice patches of the coat that stand up. If you pick at it, the scab will come off with a patch of hair attached, hence the analogy to a paint brush. It can be rather irritating to the horse.

Use a little iodine shampoo and work the area, being aware the horse may be sensitive to the touch. Be sure the coat is dry and apply Betadine or equivalent. Don't blanket a wet horse and if you blanket before a rain, remove it as soon as the rain is over.

### Enteroliths (Intestinal Stones, "Gut Rocks"

Dr. Saunders took several large (soft-ball size) objects out of a paper bag for us to look at and pass around. They were quite heavy for their size and looked almost like polished granite. It was hard to believe the came from a horse's gut!

These enterolith stones usually build up in thin layers around a bit of foreign matter (small piece of wood, wire, hair, horseshoe nail, etc.) that the horse has swallowed. If you cut one in half, it will show rings, like those of a tree, around the object. They are normally composed of magnesium ammonium phosphate salts. Horses can pass small enteroliths through their manure, but larger ones will cause recurring colic symptoms. Surgery is usually required to remove them and most horses recover nicely.

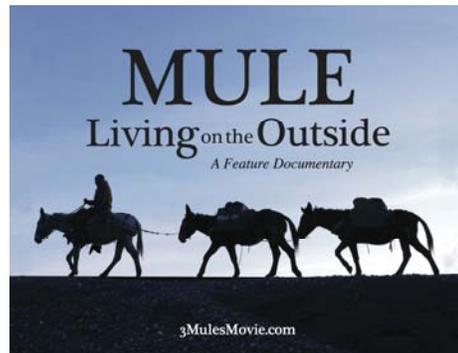


Diet is the most common cause of the formation of enteroliths. Alfalfa (or any legume) hay is high in protein (ammonium), and is also anti-acidic. Wheat bran is high in phosphorus. If you feed more than about 25% of the total diet in alfalfa and also feed wheat bran, your horse could be susceptible to enteroliths. Grass hays (timothy, orchard, and Bermuda) will acidify the gut, as will

grain hays (oat, forage), neutralizing the phosphorus and ammonium in the gut from the protein. While alfalfa is rich in calcium, it's the anti-acid properties of the legumes (alfalfa, etc.) that allow the minerals to precipitate around the nidus or center of the developing stone.

In addition to reducing or eliminating alfalfa and what bran in the diet, it is important to manage your horse's health by daily exercise or turnout if he is not in pasture, letting the horse graze on available grass for 20-30 minutes, feeding three or four times a day, and keeping the feeding areas clear of debris. All this encourages the intestine to keep food moving through the system. A monthly psyllium regimen may also help foreign objects pass through the gut.

Author's Note: This article was written from notes taken during Dr. Saunders' presentation. In order to learn a bit more about these topics, I researched them on the internet and included some of that information in this article. Dr. Saunders has reviewed it before publication and made any necessary corrections to maintain the accuracy of the information in his presentation.



### **MARCH 19<sup>th</sup> LPTR MEETING** **John McDonald "3 Mules"**

Filmmaker John McDonald will present video clips from his work-in-progress documentary entitled "MULE: Living on the Outside." The film is about John Sears, aka "Mule," who has been roaming the western United States with his mules for over thirty years.

More information on this fascinating program will be in the March LPTR Newsletter. Pass the word along to your friends to save the date now!

**LPTR Parades  
Barbara Wolf**

Our next parade is Saturday, June 13<sup>th</sup>, which is the Santa Ynez Day Parade. We wear our LPTR outfits for this parade. Clean horses and tack. It starts at 10 a.m. RSVP to Barbara Wolf (Parade Chair) at 455-4113.

**LPTR PARADE OUTFIT LIST**

- **BOOTS**
- **DARK BLUE JEANS**
- **DARK BLUE DENIM VEST**
- **WHITE LONG-SLEEVE SHIRT WITH CLUB PATCH ON LEFT SLEEVE**
- **RED BANDANA TIED AROUND NECK**
- **NEUTRAL COLORED FELT OR STRAW HAT OR HELMET**
- **RED, BLUE, OR WHITE FELT MATERIAL TO COVER SADDLE BLANKET**
- **SADDLE, BRIDLE (BRING A SPARE)**
- **FLOWERS OR DECORATIONS BASED ON EACH PARADE**
- **PLEASE CLEAN TACK AND WASH AND GROOM YOUR HORSE**

**LPTR MISSION STATEMENT**

To advance recreational trails and trail use and to encourage horseback riding, trail riding, and other horse-related activities in Santa Barbara County.

To foster good horsemanship and fellowship.

To promote mutual helpfulness between horse owners and property owners near trails and riding areas.

To initiate, sponsor, promote, and carry out plans, policies, and activities that will tend to further the use, acquisition, preservation, development, and maintenance of riding and hiking trails, especially in the County of Santa Barbara.

To provide educational events to the equestrian community.

**EQUINE-RELATED  
NON-PROFITS NEWS**

**Hearts Therapeutic Equestrian Center.**

Equine-assisted therapy. Call 964-1519 for information on lessons, volunteering, or to make donations or visit their website at [www.heartsriding.org](http://www.heartsriding.org). Volunteers Orientation held monthly (see web site). Open house monthly; see web site for dates. The Tack Shack sells gently used tack and togs and is open Tuesdays 2 – 4 p.m. and Saturdays 12 – 4 p.m. [www.HeartsRiding.org](http://www.HeartsRiding.org).

**Santa Barbara Equine Assistance and Evacuation Team.** Help keep Equine Evac going! Members and volunteers greatly needed to keep EVAC going. For information, contact Equine EVAC at 892-4484. In emergency, Call 9-1-1 to activate.

**The Santa Barbara Emergency Response Team** works through the Santa Barbara County Animal Services during a disaster. See [www.sbcphd.org/as](http://www.sbcphd.org/as). **The Santa Barbara Humane Society** offers site assessments for disaster planning. Call Tim Collins at 964-4777 ext. 18.

**Emergency Animal Hotline: 681-4332** channels calls to the right agency. It is active only during an emergency.

If you would like your non-profit equine-related organization listed here, send information to the Newsletter Editor.

**Hearts Therapeutic Riding Center looking for horses**

Hearts Therapeutic Equestrian Center has paired horses with riders and veterans suffering from various disabilities and trauma, both emotional and physical, for the past 30 years. To achieve success in their program, they require a solid foundation of great horses.

This past year their ridership has grown significantly. They currently have a waiting list as they seek additional horses to fill out their program. To that end, they are hoping you might be able to help spread the word in the community that they are seeking to lease, purchase, or accept donation of horses that meet the following criteria: Between 8 and 18 years old; 14 to 16 hands; gentle, easy-going temperament with low flight response; sound at the walk, trot, and canter; currently vaccinated/wormed and properly trimmed/shod. If you believe you have, or know of someone who has, a horse that meet these parameters and would be interested in contributing to Hearts, please contact Devon Sachey at [devon@heartsriding.org](mailto:devon@heartsriding.org) or call her at 805-967-4859.



# TACK & TOG SALE

Los Padres Trail Riders

**Saturday, February 28, 2015**

**9:30 a.m. - 2:30 p.m.**

**Warren Hall, Earl Warren Showgrounds**

**Same Sellers' prices as last year!**

Each space: \$35 pre-register; \$40 after 2/18

## **Admission by Donation!**

(Proceeds go to grants to equine- and trail-related local non-profit organizations)

- Individual & Vendor Tables
  - Silent Auction
  - Door Prizes/Raffle
  - BBQ Tri-Tip Sandwiches
  - Bake Sale
- Exhibits by Local Equine- & Trail-related Groups

Check our web site, [www.lptr.org](http://www.lptr.org), or call Barbara Wolf, 455-4113 for further information and reservation forms.





## DONATION RECEIPT

*Los Padres Trail Riders  
PO Box 323  
Santa Barbara, CA 93102-0323*

Thank you for your donation to the Los Padres Trail Riders. Your contribution will be used to advance the goals of the LPTR.

The LPTR's Mission Statement is:

- To advance recreational trails and trail use and to encourage horseback riding, trail riding, and other horse-related activities in Santa Barbara County.
- To foster good horsemanship and fellowship.
- To promote mutual helpfulness between horse owners and property owners near trails and riding areas.
- To initiate, sponsor, promote, and carry out plans, policies, and activities that will tend to further the use, acquisition, preservation, development, and maintenance of riding and hiking trails, especially in the County of Santa Barbara.
- To provide educational events to the equestrian community.

Profits generated by our annual Tack & Tog sale are earmarked for donations to local non-profit organizations that are involved in equine- and trail-related activities in Santa Barbara County through a grant program.

It should be noted that no goods or services were provided in exchange for this contribution. The LPTR is a non-profit corporation registered with the California Franchise Tax Board and is tax-exempt by the Internal Revenue Service. Our tax ID number is 77-0168403.

Donation Received by: \_\_\_\_\_ Date: \_\_\_\_\_

Items Donated (value to be declared by donor):

# LOS PADRES TRAIL RIDERS MEMBERSHIP APPLICATION

***PLEASE BE SURE TO SIGN THE GENERAL RELEASE AT THE BOTTOM.***

The purpose of the Los Padres Trail Riders (LPTR) is to promote individual and family trail riding, to preserve and maintain County trails, to hold social events for the local horse community, and to present educational meetings and seminars, and to conduct fundraisers for local equine-related non-profits. You do not have to be a trail rider or even to be a horse owner to be a member of LPTR. **This form must be used for new members or those joining after an absence. It may be used for renewals.**

**PLEASE PRINT CLEARLY**

Name (last) \_\_\_\_\_ (first) \_\_\_\_\_ Spouse (family membership) \_\_\_\_\_

Street Address \_\_\_\_\_ City \_\_\_\_\_ ZIP \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Email \_\_\_\_\_

**NOTIFY IN EMERGENCY:** Name: \_\_\_\_\_ Phone: \_\_\_\_\_

TYPE OF MEMBERSHIP (circle one):    NEW                      RENEWAL

\$25.00 Adult Membership (Individual 18 & over)                      \$35.00 Family Membership (Spouse and/or children)  
\$20.00 Junior Membership (17 & under if joining alone)                      \$300.00 Lifetime Membership

If Family Membership, please list name(s) of children under 17 years of age:

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

We may contact our membership as a reminder of our and community events. Would you like to be contacted by (circle one):

PHONE                      E-MAIL                      NO CONTACT

### GENERAL RELEASE

I, the undersigned member of Los Padres Trail Riders (the "Club"), acknowledges that horseback riding and related activities, including being a spectator at horse events, involves certain risks of injury to me personally, to my minor child(ren), damage to my personal property, and injury or death to my horse caused by my own negligence or the negligence of others. Knowing these facts, I nevertheless waive, release, and discharge the Club, its Board of Directors collectively and individually, officers, employees, and all individual members of the Club, their representatives, heirs, executors, administrators and assigns from any kind or nature that might occur as a result of or arising from my participation, including as a spectator, as a member of the Club, including but not limited to, participation at a Club meeting, Club horse show, Club trail ride, Club equine demonstration lecture, or any other event sponsored or managed by the Club or a member thereof on behalf of the Club. This General Release is being given in consideration of the Club enrolling me and /or members of my family as a member of the Club. I further agree that I will defend, indemnify and hold harmless the Club, its Board of Directors, both collectively and individually, its officers and employees and all individual members of the Club, their representatives, heirs, executors, administrators and assigns from any and all claims, demands, causes of action or other proceedings brought by, or prosecuted for my benefit, alleging arising out of the negligence of the Club, its Board of Directors, collectively and individually, its officers and employees and all individual members of the Club. I expressly waive any benefits I may have under Section 1542 of the California Civil Code relating to the release of unknown claims. That section provides as follows: CERTAIN CLAIMS NOT AFFECTED BY GENERAL RELEASE – A general release does not extend to claims which the creditor does not know or suspect to exist in his favor at the time of executing the release, which if known by him must have materially affected his settlement with the debtor," are hereby expressly waived.

Executed this \_\_\_\_\_ day of \_\_\_\_\_, 20 \_\_\_\_ at \_\_\_\_\_, California.

\_\_\_\_\_  
Signature on behalf of themselves and minor child(ren)

\_\_\_\_\_  
Signature of Spouse (if applicable)

Please make checks payable to LPTR and send to  
LPTR Membership, PO Box 323, Santa Barbara, CA 93102  
If you have questions, call Maureen Peatross, 692-0724

**LOS PADRES TRAIL RIDERS  
P.O. BOX 323  
SANTA BARBARA, CA 93102**

Pass this Newsletter along to your "horsey" friends; invite them to a meeting or activity (must be a member to go on LPTR trail rides or ride in parades) or post the Newsletter at your barn.

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## **LPTR COMING EVENTS**

### **FEBRUARY 28: TACK & TOG SALE**

**March 2:** LPTR Board Meeting, 6:00 p.m., 5546 Cathedral Oaks Rd.

**March 9:** Deadline for the March issue of the LPTR Newsletter

**March 19:** LPTR General Meeting, 6:30 p.m. potluck, 7:00 meeting, Humane Society Classroom  
John McDonald, "Three Mules." (See page 3)

**April 6:** LPTR Board Meeting, 6:00 p.m., 5546 Cathedral Oaks Rd.

**April 13:** Deadline for the April issue of the LPTR Newsletter

## **COMMUNITY COMING EVENTS**

Feb. 21-22: Santa Barbara County Riding Club Spring Opener, Hunter Jumper Show, Earl Warren Showgrounds

March 21-22: Santa Barbara County Riding Club Spring II Show, Earl Warren Showgrounds

May 23-24: Santa Barbara County Riding Club Summer Show, Earl Warren Showgrounds

Sept. 5-6: Santa Barbara County Riding Club Back to School Show, Earl Warren Showgrounds

Oct. 24-25 Santa Barbara County Riding Club Fall Show & Medal Finals, Earl Warren Showgrounds

If you would like your equine-related activity listed here, contact the Newsletter Editor at boomerlou56@verizon.net.